



## FIRST TEAM PERFORMANCE NUTRITIONIST – CONTRACTOR

<b>Job Title:</b>	Performance Nutritionist (on a self-employed contractor basis)
<b>Reporting to:</b>	Lead Strength and Conditioning Coach
<b>Contract Breakdown</b>	16 Days total £250 per Day
<b>Location:</b>	The Incora County Ground, Nottingham Road, Derby DE21 6DA with some requirement to travel.
<b>Duration:</b>	From February 2024 until 1 <sup>st</sup> October 2024

### Summary of Job Role:

Derbyshire Cricket are delighted to be able to offer an excellent opportunity for a Performance Nutritionist to join the Club's Science and Medicine team on a part-time basis for the 2024 season.

Reporting to the Lead Strength & Conditioning (S&C), this role will require the successful candidate to deliver first-class nutritional support to our professional playing squad and to help create robust and repeatable systems, for nutritional monitoring, in conjunction with the multi-disciplinary team.

### Principal Duties and Responsibilities:

- Devise and lead the Derbyshire Cricket performance nutrition strategy, endorsing best practice with the professional playing squad.
- Adapting the nutritional support to best assist players depending on their role and environment both in pre-season and during competition.
- Provide evidence-based intervention for injured and rehabilitating athletes in close coordination with Lead Strength and Conditioning Coach and Physiotherapists.
- Inform the supplement provision at the club demonstrating quality assurance of supplement products, with a detailed understanding of anti-doping.

- Collate records of all nutrition and supplement interventions in the form of batch codes, in close coordination with the Lead Strength and Conditioning Coach.
- Contribute to multi-disciplinary meetings, either in person or digitally, to enhance the holistic approach of the department towards performance and rehabilitation.
- Communicate with the Club's Events Team to devise menus that are game and format specific and regulated to enhance team performance.
- Provide and/or present reports on delivery or an individual player at the request of the Head Coach or Lead Strength and Conditioning Coach.

### **Person Specification:**

#### **Essential:**

- Degree in Nutrition, Sports Nutrition, Sport and Exercise Nutrition or related subject.
- A postgraduate degree in Sport Nutrition or in a relevant discipline.
- SENR accreditation at minimum graduate registration level.
- ISAK Level 1 qualification.
- Excellent communication and presentation skills.
- Full UK Driving License.
- Experience of working within professional sport.
- Ability to deliver in a creative way which not only engages athletes but presents material in a way that is relevant and in context to cricket.

#### **Desirable:**

- Create a culture that places great importance on nutrition as a cornerstone of the high-performance environment at Derbyshire County Cricket Club.
- Experience in calculating calorie expenditure in team sports.
- Experience working within a multi-disciplinary team.
- Cricket specific experience or knowledge of the demands of the sport.
- Excellent IT skills and ability to visualize data.

#### **Personal Qualities:**

- A commitment to equal opportunities and working towards equality standards.
- To be both personable and professional when interacting at all levels at Derbyshire County Cricket Club.
- Quickly build rapport.
- Flexibility to work evenings and weekends.
- Excellent presentation and innovation skills.
- A solution focused approach to problem solving.
- Ability to work effectively under pressure with minimum supervision.
- Ability to work both alone and as part of a wider team.
- To always represent Derbyshire County Cricket Club in a professional manner.

**To apply:**

If you would like to apply for this role, then please email your CV with a covering letter to:  
[james.bell@derbyshireccc.com](mailto:james.bell@derbyshireccc.com)

Please note that only shortlisted applicants will be notified and invited to the interview.

The closing date is 19 January 2023 although applications will be reviewed as they arrive in, and it may be closed early. Interviews are expected to be held end of week commencing 22 January 2024.

Derbyshire County Cricket Club is committed to safeguarding and protecting the children and young people that we work with. As such, many posts are subject to a safer recruitment process, including ECB DBS clearance which is mandatory before taking up certain roles. We ensure that we have a range of policies and procedures in place promoting safeguarding and safer working practice across our services.

Derbyshire County Cricket Club will ensure that all existing and potential employees receive equal consideration and is committed to the elimination of unlawful or unfair discrimination on the grounds of gender, race, disability, colour, ethnic and national origin, nationality, sexuality, marital status, religion and age. It is the intention of Derbyshire County Cricket Club that its workforce, at all levels, should reflect the composition of the City's population. To achieve this Derbyshire County Cricket Club will take active and positive steps to eliminate discrimination, reduce the effects of past discrimination and to promote equality in employment.