



## LEAD STRENGTH AND CONDITIONING COACH

### DERBYSHIRE COUNTY CRICKET CLUB

Derbyshire County Cricket Club are looking for an exceptional Strength & Conditioning Coach to act as the lead Strength & Conditioning Coach to the Club's Senior and Academy playing squads.

Working as part of an integrated coaching and sports medicine team, you will report to the Head of Sports Science and Medicine and work with our Chief Medical Officer, Physiotherapists, Assistant Strength & Conditioning Coach, Sports Psychologist and Development Coaches.

This is a full-time role and the successful applicant will be expected to demonstrate exceptional commitment, including the working of long days, particularly during the summer months.

#### **Duties & Responsibilities:**

- Support the Head of Science and Medicine by providing operational leadership and management of S&C programmes and high- quality delivery to Derbyshire CCC players and teams
- Manage team of S&C staff including Assistant S&C coach and student interns

- Work closely with the Head of Science and Medicine, Head of Cricket and Professional and Academy Coaching staff to develop and deliver integrated support programmes meeting the performance and development needs of Derbyshire CCC players
- Recruit and manage one direct report who provides additional S&C support on an internship basis
- Performance benchmarking and quality management processes for all aspects of science and medicine services based on 'best practice'
- Work with the Head of Science and Medicine and other senior managers to align science and medicine to corporate goals
- Facilitate the nutritional provision and advice to all Derbyshire CCC players alongside the club nutritionists.
- Provide the necessary S&C information in order for Derbyshire CCC to comply with the necessary standards of the ECB Injury Prevention and Management (IPM) Audit
- Deliver profiling of Derbyshire CCC squads and hold players accountable for achieving minimum fitness standards
- Input and attend case conference, performance management and other Derbyshire CCC staff meetings
- Input necessary information into the Cricket Squad database for all science and medicine disciplines record keeping and reporting
- Liaise closely with the Head of Cricket and be prepared to undertake any other duties related to the work of these functions

#### **Skills, Knowledge & Qualifications:**

- You will have a graduate qualification in Sports Science and/or S&C UKSCA accreditation. A Post-graduate degree in sports science discipline is desirable but not essential
- You will have a good amount of post-graduate experience with plenty of involvement spent in a professional cricket or equivalent full-time professional elite athlete and performance team environment
- Experience in the support and preparation of developing senior and junior athletes
- Experience of working within a multi-disciplinary support team
- Professional accreditation with UKSCA is essential
- You would need a comprehensive CPD Portfolio with a professional sports medicine / S&C bias
- You will be adept in the use of Microsoft Excel, electronic medical databases and performance software
- A valid sports first aid certificate of basic life support and first aid qualification
- Current professional indemnity insurance

**What we can offer you:**

- A competitive salary depending on experience
- 25 days paid holiday [mostly taken in the months of October to January/off season]
- Free on-site parking
- 2 free tickets to every Derbyshire County Cricket Club match
- Employee Assistance Programme
- 25-40% discount with Samurai on-line purchases
- Nuffield Gym membership

This role is subject to an enhanced DBS accreditation.

The role includes regular UK travel during and outside of the County season and may include an overseas touring commitment once a year.

To apply please send your up-to-date CV with a detailed cover letter which must detail your suitability for the role to Viv Sheppard, HR and Wellbeing Manager at Derbyshire County Cricket Club via [jobs@derbyshireccc.com](mailto:jobs@derbyshireccc.com).

The closing date is 15 December 2024 although applications will be reviewed as they arrive in and it may be closed early. Interviews are expected to be held in January 2025.

Derbyshire County Cricket Club is committed to safeguarding and protecting the children and young people that we work with. As such, many posts are subject to a safer recruitment process, including ECB DBS clearance which is mandatory before taking up certain roles. We ensure that we have a range of policies and procedures in place promoting safeguarding and safer working practice across our services.

Derbyshire County Cricket Club will ensure that all existing and potential employees receive equal consideration and is committed to the elimination of unlawful or unfair discrimination on the grounds of gender, race, disability, colour, ethnic and national origin, nationality, sexuality, marital status, religion and age. It is the intention of Derbyshire County Cricket Club that its workforce, at all levels, should reflect the composition of the City's population. To achieve this Derbyshire County Cricket Club will take active and positive steps to

eliminate discrimination, reduce the effects of past discrimination and to promote equality in employment.