



A sensory room is a specially designed space that provides a calming and supportive environment for individuals with sensory processing needs. It is equipped with various tools and features to help people self-regulate, reduce stress, and focus on relaxing or recharging. Sensory rooms are commonly used for people with conditions such as autism, ADHD, sensory processing disorders, anxiety, and other neurodivergent conditions.

### **Sensory Room Policy for Derbyshire County Cricket Club:**

**1. Purpose:** The sensory room is dedicated to providing a safe, calming environment for individuals with sensory sensitivities to relax and self-regulate during events at the cricket ground.

#### **2. Eligibility:**

- The sensory room is available to everyone, particularly those with sensory processing disorders, autism spectrum disorder (ASD), or related conditions.
- Priority use is given to individuals who have **pre-registered** using the online form, however we will do our best to accommodate everyone who needs the facility.

#### **3. Access:**

- The sensory room is open to spectators attending matches and events at the cricket ground.
- Access to the sensory room is free of charge
- Pre booking is recommended
- A maximum capacity of **8** people in the room. 4 people who require the room, with 1 carer allowed for each person to ensure the room remains a calm and effective space.
  - If the room is fully booked when you require access, we will also have Sensory Bags that can be rented with a £10 deposit. Please see point number 6 for more information.
- For wheelchair users: Please be aware one of the doors to the room has a width of 75cm

#### **4. Location:**

- The sensory room is located in the pavilion, past reception. It is on the ground floor, around 36 feet away from the main reception, with wheelchair access.
- For wheelchair users: Please be aware one of the doors to the room has a width of 75cm



- You will have to pass through a couple doors to get through the room.

**5. Features of the Sensory Room:** The room is equipped with:

- Bubble Tube Light and Fibre Optic Lights
- Artificial grass rugs
- Weighted Animal Lap Buddies
- Soft seating (bean bags)
- Fidget toys and other tactile items to support self-regulation
- 3D Wall features
- A quiet atmosphere with minimal distractions (no loud noises or fast movements).
- Privacy Glass windows
  - Added privacy as people cannot see into the room
  - Slightly dims the light entering the room

**6. Sensory Bags:**

- Rented/ brought from reception
- Sensory Bags can be rented with a £10 deposit. These can be rented for the full game/event, and once returned to reception, you will be refunded in full.
  - The bags can be taken home, if needed, but please be aware that you will not be refunded the £10. This bag will now be yours to keep.
- The sensory bags include Sensory Toys, Sunglasses and Ear plugs

**7. Room Guidelines:**

- No food or drinks (except for water) should be consumed in the sensory room to maintain cleanliness.
- Respect the space by keeping noise levels low and maintaining a peaceful environment.
- Parents, guardians, or caregivers must supervise minors using the room.
- The sensory room is intended for relaxation; aggressive or disruptive behaviour is not allowed.

**8. Supervision and Assistance:**



- Staff members will be available to assist individuals and families in using the room and ensuring it remains a calm and supportive environment.
- In case of any emergencies or disruptions, please contact the nearest staff member immediately (closest area is reception)
- Reception Phone number: 01332 388101

#### **9. Code of Conduct:**

- The sensory room should be used for its intended purpose: providing a safe, quiet space for sensory relief.
- All visitors to the room must respect others' need for quiet and comfort.

#### **10. Feedback:**

- People are encouraged to provide feedback about their experience in the sensory room. This will help us improve the space and services.
- Feedback can be provided by speaking to staff or via email [accessibility@derbyshireccc.com](mailto:accessibility@derbyshireccc.com).